



Institute for Spiritual Development Treasure Coast Winter Newsletter 2020

The Institute for Spiritual Development Treasure Coast is co-located with Spark of the Divine
1789 Old Dixie Hwy, Vero Beach, FL 32960. Phone 772-404-1352
Email: isdtc.sm@gmail.com www.isdtc.org

ABOUT US

The **Institute for Spiritual Development Treasure Coast (ISDTC)** is a non-profit organization dedicated to assisting each person with spiritual and personal development. We warmly welcome you to the newly chartered Institute for Spiritual Development for the Treasure Coast (ISDTC)! We encourage seekers to search for knowledge and understanding with an open and loving mind, with the abundance of love and support of like-minded people who are ready to adapt to change. Our education program incorporates various platforms for learning: the popular study groups, classes and workshops, experiential learning, seminars and interactive Sunday services. In addition, we provide you with the opportunities to participate in the ISDTC community through our Healing Program and as a Volunteer using your unique gifts and talents. We invite you join ISDTC and begin your special journey for intellectual and spiritual growth right here on the Treasure Coast! Together, We Create a Better Tomorrow.

SUNDAY SERVICES

You are invited to join us Sunday morning at 10:30 am in a Service of Celebration. The services are centered on God's most precious gifts to us and our greatest gifts to one another – Love and Understanding. Services are held twice a month.

SUNDAY SERVICE SCHEDULE

JANUARY 2020

January 19, 2020 10:30 am
(Annual Convention follows Service)

FEBRUARY 2020

February 2, 2020 10:30 am
February 16, 2020 10:30 am

MARCH 2020

March 1, 2020 10:30 am
March 15, 2020 10:30 am

UPCOMING EVENTS

ISDTC ANNUAL CONVENTION

January 19, 12:00 Noon

(Annual Convention follows Service)

As ISDTC completes our first official year of the established charter on the Treasure Coast, we are pleased to announce our first Annual Convention scheduled for Sunday, January 19, 2020 after service at 12:00 noon. All members in good standing are kindly, and respectfully requested to attend.

The Annual Convention is conducted by all Institutes in January. It is a business meeting to update members on ISDTC business and election of Officers. Vice President and Treasurer positions are up for election in 2020. President and Secretary are scheduled for 2021.

SPECIAL EVENTS

**ISDTC AND TREASURE COAST PERCUSSION
ARE CO-HOSTING HEALTHRHYTHMS®
GROUP EMPOWERMENT DRUMMING
MIND – BODY – SPIRIT**

Dates: Saturday, January 25, 2020
Time: 9:00 am – 11:00 am
Instructor: Brandon Putzke of Treasure Coast Percussion
Location: ISDTC is co-located at Spark of the Divine, 1789 Old Dixie Hwy, Vero Beach, FL 32960. Phone 772-404-1352 Info: isdtc.sm@gmail.com

HealthRHYTHMS® is a research-based group drumming program used in hospitals, schools, support groups, community outreach, and more. Research has shown this protocol can help strengthen the immune system, reduce stress and burnout rates, improve mood states, and promote creativity and bonding.

HealthRHYTHMS® creates a wellness based environment of Mind - Body - Spirit empowering people to move beyond their perceived limits. Brandon Putzke from Treasure Coast Percussion will lead the group through the Wellness Protocol. Melinda Witter from ISDTC will start the session with sharing of her HealthRHYTHMS® facilitation experience in Iraq, Afghanistan and Brevard County under special programs to address trauma, healing, youth and women groups including peacebuilding.

- Strengthens Immune System
- Reduces Stress
- Improves Mood
- Fosters Creativity and Bonding
- Visualization
- Wellness
- Community Building

FREE - DONATIONS APPRECIATED!

MEMBERSHIP

Although you do not have to be a member to participate in ISDTC Services, Educational Courses Retreats and Events, by becoming a member, you support your Spiritual Home on the Treasure Coast of Florida. Members receive discounts on education units and special events.

Membership is open to all who aspire to the path of self-realization and wish to share their spiritual progress with the company of supportive and like-minded individuals. The yearly membership fee is \$45 per individual and \$60 per family. Membership includes free, the self-study course, "You are on a Journey." **Contact for Member information: isdtc.sm@gmail.com**

EDUCATIONAL EVENTS

Become an ISDTC Member for Discounts

DISCOVER YOUR PURPOSE IN LIFE

Dates: Sunday, February 2, 2020
Sunday, February 16, 2020
Sunday, March 1, 2020
Time: 1:00 pm – 4:00 pm
Instructor: Rev. Z. Melinda Witter
Location: ISDTC is co-located at Spark of the Divine
1789 Old Dixie Hwy, Vero Beach, FL 32960. Phone 772-404-1352
Registration: isdtc.sm@gmail.com
Cost: ISDTC Members - \$100 for course
ISDTC Guests - \$150 for course

Preregistration Required - January 26, 2020
Cost covers three sessions and includes materials
Course is limited to eight (8) participants due to intensity of the journey. Individual mentorship is provided by the Instructor. Pre-Reading Materials and Exercises will be emailed one week prior to Part I, which begins Sunday, February 2, 2020 at 1:00 pm.

DISCOVER YOUR PURPOSE IN LIFE cont.

This course is an investment for the serious minded seeker dedicated to discovering, and/or refreshing their soul's purpose in life and living a meaningful life to the fullest. The objective of this program is to share various tools for discovering your purpose in life. The course is based on Dr. Mark Thurston's book, "Discovering Your Soul's Purpose," and it utilizes Edgar Cayce's methodology and philosophy. There are "no right or wrong answers," and what efforts are applied to the exercises equal the insights and benefits gained for better discernment and decision-making.

GAME OF LIFE, MANIFESTING SUCCESS!

Time: 6:30 – 8:30 pm
Date: Thursdays, February 6, 13, and 20th
Location: ISDTC is co-located at Spark of the Divine, 1789 Old Dixie Hwy, Vero Beach, FL 32960. Phone 772-404-1352
Registration: isdtc.sm@gmail.com
Cost: ISDTC Members - \$30 for course
ISDTC Guests - \$40 for course

This course is based on Florence Shinn, a Christian based New Thought spiritual teacher and metaphysical writer. Shinn is best known for her first book, "The Game of Life and How to Play It," (1925). Her wisdom explains the path to a life of prosperity, health, and happiness by changing our thoughts and words into action. Through real-life narratives, she demonstrates how affirmations and positive attitude at all levels of consciousness nurtures changes in life through the knowledge of spiritual law.

The course involves pre-reading of chapters, instruction and dialogue of Shinn's teaching and affirmational exercises for retraining of thought processes. The book may be obtained online as a PDF for free, or participants may purchase it through Amazon or their local bookstore.

***Cost does not include book. The book may be obtained online as a PDF for free, at the local library, purchase through Amazon or their local bookstore.**

MINI METAPHYSICAL SERVICE - SEBASTIAN

Date: Tuesday, February 25 **Time:** 6-7 pm
Alternate Location: Into the Mystic
1614 US-1, Sebastian, FL
ISDTC Mini Service in Sebastian, FL. Our "Mini" Service is interactive focusing on spiritual wellness with practical tools for personal development. The content is based on New Thought teachings. "Change Your Thinking, Change Your Life." The event will take place at Into the Mystic, 1614 US-1, Sebastian, FL

MINI METAPHYSICAL SERVICE – VERO BEACH

Date: Thursday, March 5 **Time:** 6:30 -7:30 pm
Location: ISDTC is co-located at Spark of the Divine, 1789 Old Dixie Hwy, Vero Beach, FL 32960. Phone 772-404-1352
Our "Mini" Service is interactive focusing on spiritual wellness with practical tools for personal development. The content is based on New Thought teachings. "Change Your Thinking, Change Your Life."

PRAYER TREATMENT – BUILD A PRAYER

Dates: Sunday, March 15, 2020 1:00 pm – 4:00 pm
Thursday, March 19, 2020 6:30 pm – 8:30 pm
Location: ISDTC is co-located at Spark of the Divine, 1789 Old Dixie Hwy, Vero Beach, FL 32960.
Registration: isdtc.sm@gmail.com
Cost:
\$30 Prepaid for full course: ISDTC Members*
\$40 Prepaid for full course: ISDTC Guests*
Spiritual Prayer Treatment, also known as spiritual mind treatment, is a constructive prayer process, which incorporates positive outcome affirmations with steadfast faith. Ernest Holmes explains, "I live in the faith that there is a Presence and Power greater than I am, that nurtures and supports me in ways I could not even imagine. I know that this Presence is All knowing and All Power and is Always right where I am." Learn the process and philosophy behind prayer construction and how it can positively impact your life.

INTERFAITH & COMMUNITY OUTREACH

The Institute for Spiritual Development is a dedicated supporter of interfaith and spiritually based community cohesion. ISDTC is a member of the Interfaith Community of Indian River County, also known as the Interfaith Lunch Bunch and an active member of Women of Faiths of the Treasure Coast.

The Interfaith Community of Indian River gathers once a month for Interfaith Service the last Tuesday of every month at 11:30 am in the Post Chapel, Cleveland Clinic Indian River Hospital, Vero Beach.

UPCOMING TREASURE COAST INTERFAITH EVENTS

INTERFAITH DINE AND DIALOGUE

Date: Monday, January 27th
Topic: "Grace"
Time: 6:00 pm
Location: C.J. Cannon's, 3414 Cherokee Dr,
Vero Beach, FL 32960 (near
airport)
Cost: \$16 includes full dinner
RSVPs - interfaithcommunitytcfl@gmail.com

Each month the Interfaith Community of the Treasure Coast will have a topic and each month there will be 3 panelists from the faith communities. Each panelist opens with 3-5 minutes of topic from perspective from his/her own faith tradition. Then each panelist would have 2-4 minutes to respond to each other and asking each other questions. Balance of time would be Question and Answer from attendees. Open to Public.

ISDTC MINISTERIAL STAFF

Rev. Z. Melinda Witter, Director and Pastor
Rev. Beth Franks

Constance Wilson, Order of the Cleric
Serina Halverson, Order of the Cleric

Please contact Rev. Z. Melinda Witter if you are interested in the Institute's Ministerial program at ISDTreasure@gmail.com

BOARD OF DIRECTORS OFFICERS

Beth Franks, President.

Angela Oliver-Burgess, Vice President.

Constance Wilson, Secretary.

Serina Halverson, Treasurer.

TRUSTEES*

Jeanette Gallagher, Trustee

Bruce Knipper, Trustee

Julie Hetherwick, Trustee

Rev. Z. Melinda Witter, ex-officio member

*Two Vacancies

The Institute for Spiritual Development Treasure Coast (ISDTC) is a registered non-profit organization 501c3, registered in the State of Florida. © 2020 Institute for Spiritual Development Treasure Coast

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